WILLIAM-EMSLIE YMCA
POOL SCHEDULE
OCTOBER 26 – DECEMBER 19, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Swim Lanes 1-2 **Lap Swim** Lanes 3-5 6:00-6:45AM 7:00-7:45AM 8:00-8:45AM 9:00-9:45AM	**Open Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 6:00-6:45AM 7:00-7:45AM 8:00-8:45AM 9:00-9:45AM 10:00-10:45AM	**Open Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 6:00-6:45AM 7:00-7:45AM 8:00-8:45AM 9:00-9:45AM	**Open Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 6:00-6:45AM 7:00-7:45AM 8:00-8:45AM 9:00-9:45AM 10:00-10:45AM	**Open Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 6:00-6:45AM 7:00-7:45AM 8:00-8:45AM 9:00-9:45AM	
Water Ball Lanes 1-2 10:00-10:45AM		**Water Ball** Lanes 1-2 10:00-10:45AM		**Water Ball** Lanes 1-2 10:00-10:45AM	
Aqua Fit Choon Lanes 1-2 11:00-11:45AM	**Strength and Stretch** Choon 11:00-11:45AM	**Open Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 11:00-11:30AM	**Aqua Fit** Choon Lanes 1-2 11:00-11:45am	**Open Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 11:00-11:30AM	**Family Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 8:00-8:45AM 9:00-9:45AM 10:00-10:45AM 11:00-11:45AM 12:00-12:45PM
Family Swim Lanes 1-2 **Lap Swim** Lanes 3-5 12:30-1:00PM 1:15-1:45PM 2:00-2:45PM 3:00-3:45PM 4:00-4:45PM 5:00-5:45PM 6:00-6:45PM 7:00-7:45PM	**Aqua Walking** Rhonda Lanes 1-2 12:15-1:00PM	**Aqua Fit** Rhonda Lanes 1-2 12:15-1:00PM	**Aqua Walking** Rhonda Lanes 1-2 12:15-1:00PM	**Aqua Fit/Aqua Dance** Rhonda Lanes 1-2 12:15-1:00PM	
	Senior Swim Lanes 1-2 **Lap Swim** Lanes 3-5 1:15-1:45PM	**Family Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 1:15-1:45PM 2:00-2:45PM 3:00-3:45PM 4:00-4:45PM 5:00-5:30PM	**Senior Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 1:15-1:45PM	**Family Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 1:15-1:45PM 2:00-2:45PM 3:00-3:45PM 4:00-4:45pm 5:00-5:45pm 6:00-6:45pm 7:00-7:45PM	
	Family Swim Lanes 1-2 **Lap Swim** Lanes 3-5 2:00-2:45PM 3:00-3:45PM 4:00-4:45PM 5:00-5:30PM		**Family Swim** Lanes 1-2 **Lap Swim** Lanes 3-5 2:00-2:45PM 3:00-3:45PM 4:00-4:45PM 5:00-5:30PM		
	Swim Lessons Lanes 1-2 **Lap Swim** Lanes 3-5 5:40-6:45PM 7:00-7:45PM	**Swim Lessons** Lanes 1-2 **Lap Swim** Lanes 3-5 5:40-6:45PM 7:00-7:45PM	**Swim Lessons** Lanes 1-2 **Lap Swim** Lanes 3-5 5:40-6:45PM 7:00-7:45PM		

Schedule is subject to change