



# YMCA SPORTS CAMP 2026 THEME WEEKS

WEEK	CAMP THEMES	
June 29–July 3 Week 1		SOCCER 
July 6–10 Week 2		LACROSSE 
July 13–17 Week 3		FLAG FOOTBALL 
July 20–24 Week 4		BASKETBALL 
July 27–31 Week 5		BASEBALL/SOFTBALL 
August 3–7 Week 6		NET SPORTS 
August 10–14 Week 7		ULTIMATE FRISBEE 
August 17–21 Week 8		OLYMPICS 