

## JUNE 30– AUGUST 30, 2025

| SUNDAY                                                                                                                                | MONDAY                                                                                                                               | TUESDAY                                                                                 | WEDNESDAY                                                                                                                    | THURSDAY                                                                                | FRIDAY                                                                                                                        | SATURDAY                                                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Lap Swim</b><br>Lanes 1-2<br><b>Open Swim</b><br>Lanes 3-4<br>8:00 - 8:45 am<br>9:00 - 9:45 am<br>10:00-10:45 am<br>11:00-11:45 am | <b>Lap Swim</b><br>5:00 – 5:45 am<br>6:00 – 6:45 am<br>7:00 – 7:45 am<br>8:00 – 8:45 am                                              | <b>Lap Swim</b><br>5:00 – 5:45 am<br>6:00 – 6:45 am<br>7:00 – 7:45 am<br>8:00 – 8:45 am | <b>Lap Swim</b><br>5:00 – 5:45 am<br>6:00 – 6:45 am<br>7:00 – 7:45 am<br>8:00 – 8:45 am                                      | <b>Lap Swim</b><br>5:00 – 5:45 am<br>6:00 – 6:45 am<br>7:00 – 7:45 am<br>8:00 – 8:45 am | <b>Lap Swim</b><br>5:00 – 5:45 am<br>6:00 – 6:45 am<br>7:00 – 7:45 am<br>8:00 – 8:45 am<br>9:00 – 9:45 am<br>10:00 – 10:45 am | <b>Lap Swim</b><br>8:00 – 8:45 am                                                                                                                                                     |
|                                                                                                                                       | <b>Aqua Fit</b><br>9:00 – 9:45 am<br>10:00 – 10:45 am<br>Janice                                                                      | <b>Aqua Fit</b><br>9:00 – 9:45 am<br>10:00 – 10:45 am<br>Kathy                          | <b>Aqua Fit</b><br>9:00 – 9:45 am<br>10:00 – 10:45 am<br>Janice                                                              | <b>Aqua Fit</b><br>9:00 – 9:45 am<br>10:00 – 10:45 am<br>Kathy                          |                                                                                                                               |                                                                                                                                                                                       |
|                                                                                                                                       | <b>Strength &amp; Stretch</b><br>11:00 am – 12:20 am<br>Sandy                                                                        | <b>Water Ball</b><br>11:00 – 11:45 am                                                   | <b>Aquatic Arthritis</b><br>11:00 am – 12:20 pm<br>Sandy                                                                     | <b>Water Ball</b><br>11:00 – 11:45 am                                                   | <b>Strength &amp; Stretch</b><br>11:00 am – 12:20 pm<br>Sandy                                                                 | <b>Aqua Fit</b><br>9:00 – 9:45 am<br>Rebecca                                                                                                                                          |
|                                                                                                                                       | <b>Summer Camp</b><br>12:30pm - 3:45 pm                                                                                              | <b>Summer Camp</b><br>12:30 pm - 3:45 pm                                                | <b>Summer Camp</b><br>12:30 pm - 3:45 pm                                                                                     | <b>Summer Camp</b><br>12:30 pm - 3:45 pm                                                | <b>Summer Camp</b><br>12:30 pm - 3:45 pm                                                                                      | <b>Lap Swim</b><br>Lanes 1–2<br><b>Open/Fam. Swim</b><br>Lanes 3–4<br>10:00 – 10:45 am<br>*11:00 – 11:45 am<br>12:00 – 12:45 pm<br>1:00 – 1:45 pm<br>2:00 – 2:45 pm<br>3:00 – 3:45 pm |
|                                                                                                                                       | <b>Lap Swim</b> Lanes 1–2<br><b>Open Swim</b> Lanes 3–4<br>4:00 – 4:45 pm<br>5:00 – 5:45 pm<br><b>Swim Lessons</b><br>6:30 – 7:00 pm | <b>Lap Swim</b> Lanes 1–2<br><b>Open Swim</b> Lanes 3–4<br>4:00 – 4:45 pm               | <b>Lap Swim</b> Lanes 1–2<br><b>Open Swim</b> Lanes 3–4<br>5:45 – 6:15 pm<br><b>Swim Lessons</b> Lanes 3–4<br>4:00 – 5:30 pm | <b>Lap Swim</b> Lanes 1–2<br><b>Open Swim</b> Lanes 3–4<br>4:00 – 4:45 pm               | <b>Lap Swim</b> Lanes 1–2<br><b>Open Swim</b> Lanes 3–4<br>4:00 – 4:45 pm                                                     | <b>*Please call ahead to confirm pool availability.</b><br><br><b>Birthday parties may be scheduled for 11:00 am – 12:00 pm</b>                                                       |
|                                                                                                                                       | <b>Aqua Fit II</b><br>6:30 – 7:15 pm<br>Rebecca                                                                                      | <b>Aqua Fit</b><br>5:00 – 5:45 pm<br>Cyd                                                | <b>Aqua Fit II</b><br>6:30 – 7:15 pm<br>Rebecca                                                                              | <b>Aqua Fit</b><br>5:00 – 5:45 pm<br>Cyd                                                | <b>Lap Swim</b> Lanes 1–2<br><b>Swim Lessons</b><br>Lanes 3–4<br>5:00 – 7:00 pm                                               |                                                                                                                                                                                       |
|                                                                                                                                       | <b>Lap Swim</b> Lanes 1–2<br><b>Open/Fam. Swim</b><br>Lanes 3–4<br>7:15 – 7:45 pm                                                    | <b>Lap Swim</b> Lanes 1–2<br><b>Swim Lessons</b> Lanes 3–4<br>6:00 – 7:45 pm            | <b>Lap Swim</b> Lanes 1–2<br><b>Open Swim</b> Lanes 3–4<br>7:15 – 7:45 pm                                                    | <b>Lap Swim</b> Lanes 1–2<br><b>Swim Lessons</b> Lanes 3–4<br>6:00 – 7:45 pm            | <b>Lap Swim</b> Lanes 1–2<br><b>Open Swim</b> Lanes 3–4<br>7:00 – 7:45 pm                                                     |                                                                                                                                                                                       |

Schedules are subject to change