KEN-TON FAMILY YMCA POOL SCHEDULE

the

JUNE 30-AUGUST 30, 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim Lanes 1-2 Open Swim Lanes 3-4 8:00-8:45am 9:00-9:45am 10:00-10:45am 11:00-11:45am	Lap Swim 5:00-5:45am 6:00-6:45am 7:00-7:45am 8:00-8:45am	Lap Swim 5:00–5:45am 6:00–6:45am 7:00–7:45am 8:00–8:45am	Lap Swim 5:00–5:45am 6:00–6:45am 7:00–7:45am 8:00–8:45am	Lap Swim 5:00-5:45am 6:00-6:45am 7:00-7:45am 8:00-8:45am	Lap Swim 5:00-5:45am 6:00-6:45am 7:00-7:45am 8:00-8:45am 9:00-9:45am 10:00-10:45am	Lap Swim 8:00–8:45am
	Aqua Fit 9:00-9:45am 10:00-10:45am Janice	Aqua Fit 9:00–9:45am 10:00–10:45am Kathy	Aqua Fit 9:00-9:45am 10:00-10:45am Janice	Aqua Fit 9:00-9:45am 10:00-10:45am Kathy		
	Strength & Stretch 11:00am-12:20am Sandy	Water Ball 11:00–11:45am	Aquatic Arthritis 11:00am-12:20pm Sandy	Water Ball 11:00–11:45am	Strength & Stretch 11:00am-12:20pm Sandy	Aqua Fit 9:00–9:45am Rebecca
	Summer Camp 12:30pm-3:45pm	Summer Camp 12:30pm-3:45pm	Summer Camp 12:30pm-3:45pm	Summer Camp 12:30pm-3:45pm	Summer Camp 12:30pm-3:45pm	Deep Water Core 10:00-10:45am Melissa
	Lap Swim Lanes 1–2 Open Swim Lanes 3-4 4:00–4:45pm 5:00–5:45pm Swim Lessons 6:30–7:00pm	Lap Swim Lanes 1–2 Open Swim Lanes 3- 4 4:00–4:45pm	Lap Swim Lanes 1-2 Swim Lessons Lanes 3-4 4:00-5:30pm	Open S	Lap Swim Lanes 1–2 Open Swim Lanes 3–4	Lap Swim Lanes 1–2 Open/Fam. Swim Lanes 3–4 *11:00–11:45am 12:00–12:45pm 1:00–1:45pm
			Lap Swim Lanes 1–2 Open Swim Lanes 3–4 5:45–6:15pm		4:00–4:45pm	
	Aqua Fit II 6:30–7:15pm Rebecca	Aqua Fit 5:00–5:45pm Cyd	Aqua Fit II 6:30–7:15pm Rebecca	Aqua Fit 5:00–5:45pm Cyd	Lap Swim Lanes 1-2 Swim Lessons Lanes 3-4 5:00-7:00pm	*Please call ahead to confirm pool
	Lap Swim Lanes 1–2 Open/Fam. Swim Lanes 3–4 7:15–7:45pm	Lap Swim Lanes 1–2 Swim Lessons Lanes 3–4 6:00–7:45pm	Lap Swim Lanes 1–2 Open Swim Lanes 3–4 7:15–7:45pm	Deep Water Core 6:00-6:45pm Melissa	Lap Swim Lanes 1–2 Open Swim Lanes 3–4 7:00–7:45pm	availability. Birthday parties may be scheduled for 11:00am-12:00pm
				Lap Swim Lanes 1–2 Swim Lessons Lanes 3–4 6:00–7:45pm		

Schedules are subject to change