



# For a Better Us<sup>®</sup>

YMCA BUFFALO NIAGARA 2024 IMPACT REPORT

## A Message From Our Leadership

In 2024, YMCA Buffalo Niagara continued to stand as a powerful force for good – bringing people together, breaking down barriers, and creating opportunities across Western New York. We are proud to share that we directly served 1 in 12 residents in Erie and Niagara Counties this year, a testament to the YMCA’s continued relevance and impact.

Through strong community partnerships and a deep understanding of local needs, we expanded services in meaningful ways – launching senior wellness assessments and bringing family mental health services into one of our facilities. These efforts reflect our ongoing commitment to meeting people where they are and offering holistic support for individuals and families of all ages.

This year also marked exciting momentum for future growth as we began the architectural design process for YMCA Camp Swan in North Buffalo. Once complete, this new camp will be a transformative space for youth development, outdoor exploration, and community connection for generations to come.

Rooted in our commitment to community, we are developing a bold, new strategic plan focused on delivering real solutions to unmet needs across Western New York. Our plan centers on four priorities: preparing youth for success, preventing drownings, increasing social connections, and improving community health. Each of these areas represents an urgent need and an opportunity for the YMCA to lead with purpose.

### Our Commitment to Community

- Preparing Youth for Success
- Preventing Drownings
- Increasing Social Connections
- Improving Community Health

The strength of our Y lies in the people who bring our mission to life. We are deeply grateful to our staff, volunteers, members, donors, and partners who make this work possible. With your continued support, YMCA Buffalo Niagara is well-positioned to build a healthier, more equitable, and more connected community. Together, we are shaping a brighter future for Western New York.



Mark Lempko  
Chair, Board of Directors



Dr. John T. Ehrbar  
President & CEO



Tim Smith  
Chair, Board of Trustees

## Our Impact in 2024



We provided services to more than **1 in every 12 PEOPLE** in Erie and Niagara Counties.



We allocated **\$1,153,829** to provide equitable access to WNY families for child care, youth development, and healthy living programs.



We served **38,640 HEALTHY MEALS** to local children.



We served **5,446 CHILDREN** in our child care, UPK, and summer camp programs in 2024.



**2,700 CHILDREN** learned critical swim and water safety lessons.



More than **25,004 ACTIVE OLDER ADULTS** improved their physical, mental, and social wellbeing with the Y’s support.



**1,463 HOUSEHOLDS** with income below \$35k benefited from Y membership through our **Access for All** initiative each month.

## An Uplifting Experience



The transformative power of the LIVESTRONG<sup>®</sup> at the YMCA program extends far beyond simple physical activity. Ron Oswald’s journey vividly illustrates this. Diagnosed with prostate cancer a decade ago, Ron learned of the YMCA’s LIVESTRONG program through a support group at Roswell Park.

LIVESTRONG<sup>®</sup> at the YMCA is a research-based physical activity and well-being program designed to help cancer survivors achieve their holistic health goals. By focusing on the whole person and not the disease, the program helps people move beyond cancer in spirit, mind, and body.

Apprehensive at first, Ron quickly discovered the benefit of the Y’s program, and the connections he made helped him in his fight against cancer. “I joined the Y and I just kept exercising,” Ron says. “Mentally, I realized I’m not fighting alone. There are a lot of people in my same situation. It was really an uplifting experience.”

Ron completed the LIVESTRONG program and continues to exercise and spend time with friends at the Y. “This gets me up in the morning and gets me going,” Ron says. He encourages anyone interested to participate in the program. He says “Definitely do it and keep active!”

Having defied the odds, Ron’s experience is a powerful reminder that healing comes in many forms. It’s not just about physical treatment, but also the connections we make and the strength we find within ourselves and in our community. Ron’s daily gratitude serves as an inspiration to embrace each day with hope and thankfulness.



For more stories of YMCA Buffalo Niagara’s community impact please visit [ymcabn.org/testimonials](https://ymcabn.org/testimonials) or scan this QR code.

## Leadership YMCA BUFFALO NIAGARA

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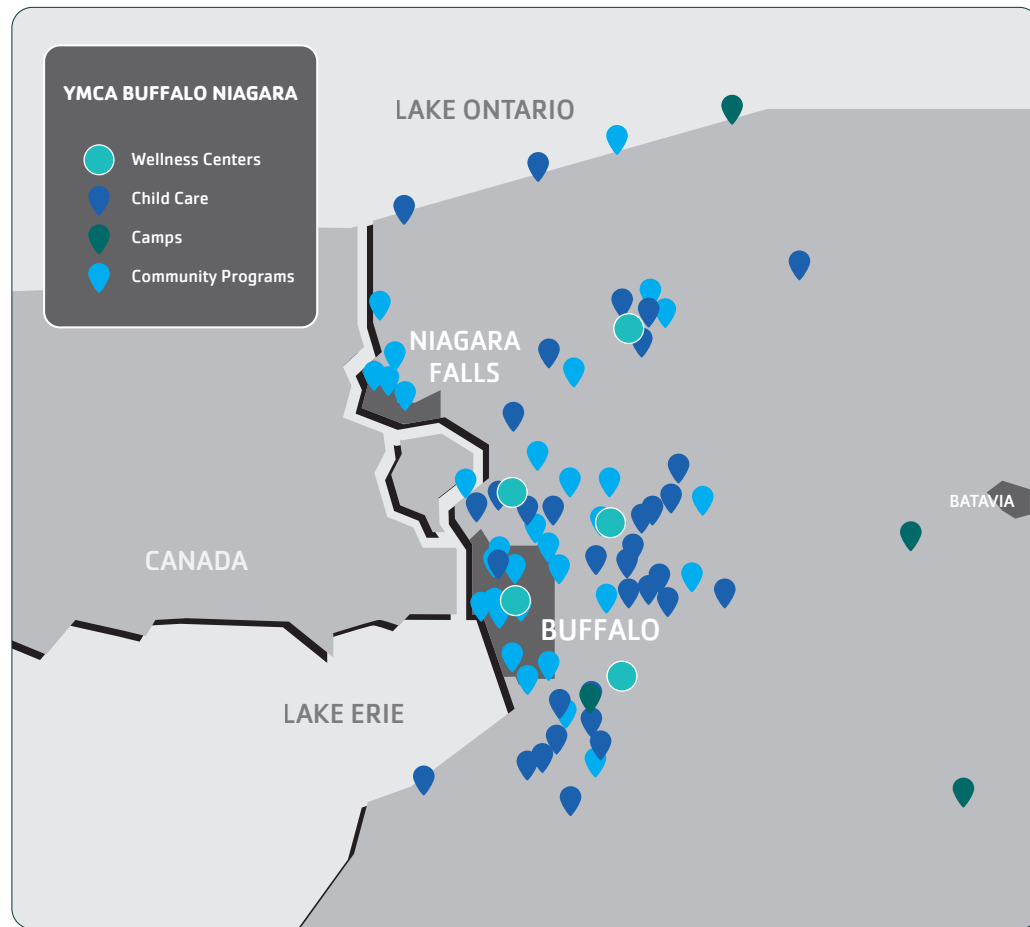
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## YMCA BUFFALO NIAGARA



Independent Health YMCA 150 Tech Dr, Amherst	Southtowns YMCA 1620 Southwestern Blvd, West Seneca	Camp Kenan 8571 Lower Lake Rd, Barker
Ken-Ton YMCA 535 Belmont Ave, Kenmore	William-Emslie YMCA 585 William St, Buffalo	Camp Tahigwa 2432 Richley Rd, Corfu
Lockport YMCA 5833 Snyder Dr, Lockport	Camp Eggert 3636 Eggert Rd, Orchard Park	Camp Weona 4025 Poplar Tree Rd, Gainesville

## Community Impact



YMCA Buffalo Niagara hosted a Community Stakeholders Legislative breakfast, announcing plans for a significant re-investment in the William-Emslie YMCA in East Buffalo.



2024 saw YMCA Buffalo Niagara host its premier fundraising gala with the theme of 'Strengthening Community' and emceed by WGRZ's MaryAlice Demler.

## 129<sup>th</sup> Annual YMCA Turkey Trot



The YMCA Turkey Trot continued as the longest consecutively run footrace in North America, welcoming a record 15,000 participants in 2024. We are grateful to the sponsors, volunteers, and participants, as well as those who contributed over a ton of food to help combat hunger in support of our partners at FeedMore WNY.

Platinum Sponsor Legends	Bronze Sponsors Big Ditch Brewing Company Fortified, Inc. Gabe's KeyBank Runner's Roost	Friend of the YMCA Sponsors Bob's Discount Furniture Coca-Cola Beverages Northeast NYS Office of People with Developmental Disabilities
Gold Sponsors Mike Basil Toyota Tim Hortons Try-It Distributing/North American Breweries Wegmans	Awards Sponsor Western New York Immediate Care	Gift In Kind World's Largest Disco
		Media Sponsors WBEN NewsRadio 930 WGRZ-TV Channel 2 WKSE-FM Kiss 98.5

## 2024 Stewart Partnership Award



The YMCA is proud to partner with Buffalo Rehab Group to help empower Western New Yorkers to improve their health and well-being (pictured above: Jeff Woodrich, BRG CEO & Owner and John Ehrbar, YMCA President & CEO)

## Community Partners

Thanks to the generosity of our donors and community partners, we are able to make life-changing YMCA programs accessible to those who may otherwise be unable to afford them. As a charitable, non-profit organization, we allocate funds to help all people reach their full potential.

The Vera B. Arrison Foundation	M&T Charitable Foundation	YMCA Before and After School
Buffalo Public Schools	New York State	Child Care Programs
E.J. & Karen Butler / The Butler Family Foundation	New York State Office of Children & Family Services	Buffalo Public Schools
CDC Foundation	New York State YMCA Foundation	Clarence Central Schools
Children's Foundation of Erie County	Niagara Cares (Andrew D. Peykoff, Sr)	Depew Union Free Schools
City of Buffalo Block Grant	Peter & Elizabeth C. Tower Foundation	Hamburg Central Schools
CMAK Foundation – Race for Chase	Pharmacy Benefit Dimensions Employees	Ken-Ton Central Schools
The Cullen Foundation of Western New York	Project Play of Western New York	Lancaster Central Schools
Delta Air Lines	The Ralph C. Wilson, Jr. Foundation Legacy Fund	Lewiston-Porter Central Schools
Dormitory Authority of the State of New York	United Way	Lockport City Central Schools
Enterprise Holdings Foundation	Universal Pre-Kindergarten Program	Maryvale Central Schools
Exhale, The Family Caregiver Initiative (The Boston Foundation)	Clarence Central Schools	North Tonawanda Central Schools
Grigg-Lewis Foundation	Depew Union Free Schools	Orchard Park Central Schools
Health Foundation of Western & Central New York	Hamburg Central Schools	Starpoint Central Schools
William R. Kenan, Jr. Charitable Trust	Ken-Ton Central Schools	Williamsville Central Schools
L.L. Bean	Lewiston-Porter Central Schools	
	Orchard Park Central Schools	YMCA of the USA
		Zemsky Family Foundation Trust

## Triangle Society

The YMCA Triangle Society is a dedicated group of individuals and organizations who share a deep-rooted and selfless devotion to supporting others in times of need. Each has made a multi-year major gift commitment to the Y's Annual Campaign.

FOUNDERS \$25,000+	FELLOWS \$5,000+	FELLOWS \$5,000+
Buffalo Rehab Group Physical Therapy PC	Amerigroup	Stephen Nicholson
Precor	Anonymous	Phillips Lytle LLP
	David and Kristen Bauer	Pure Podiatry of WNY, PLLC
	Beauty Pools, Inc.	Dale & Sally Pyne
	Berea COGIC	Anne Reif
VISIONARIES \$10,000+	Cater Tots	Robert Miller Construction/ Southtown Storage Center
John T. Ehrbar	John Craik	
Kelton Enterprises	Michael & Jennifer Dolan	Danielle Roberts
	Dopkins & Company, LLP	Rose Garden Opportunities, Inc.
	The Evans Agency	Matthew & Antoinette Shriver
	Peter & Mary Jo Hunt/ Hunt Charitable Foundation	Timothy J. Smith
	Steve & Mary Kiener	Anthony & Nancy Spada
	Lakeside Concrete Services, Inc.	T.J. & Leslie Stewart
	Mark Lempko & Marlene Rogers	Tom & Trish Stewart
	Kyle McGregor / Linde	Michael K. Walsh & Deborah S. Walsh
	Modern Electrical Construction, Inc.	Wendel, LLC
	John & Mary Murray	John C. Wright
	Anne & Gavin Musynske	Mary Zapalowski & Daniel Grabowski

## 2024 YMCA Buffalo Niagara

### Statement of Activities

	2024	2023	% +/-
Annual Campaign	543,169	545,302	-.4%
Other Contributions	900,795	1,066,324	-15.5%
Special Events, Net	322,646	252,063	28.0%
Government Grants & Contracts	4,706,283	4,553,971	3.3%
Program Fees	8,177,656	7,527,780	8.6%
Membership Dues	11,472,093	10,056,002	14.1%
Other Income	203,775	290,563	-29.9%
Total Revenue	26,326,417	24,292,005	8.4%
Program Services	23,575,620	22,410,556	5.2%
Administration	2,840,974	2,705,604	5.0%
Fundraising	313,410	286,907	9.2%
Total Expenses	26,730,004	25,403,067	5.2%
Operating Surplus (Deficit)	(403,587)	(1,111,062)	
Non-Operating Activities	2,227,979	1,491,691	
Surplus (Deficit)	1,824,392	380,629	

### Statement of Financial Position

	2024	2023	% +/-
Total Assets	60,677,215	61,186,132	-.83%
Total Liabilities	18,753,846	21,087,155	-11.07%
Total Net Assets	41,923,369	40,098,977	4.55%

While we make every effort to ensure the accuracy of our donor recognition lists, we apologize for any errors or omissions. Please contact us at (716) 565-6000 if we have made an error in your acknowledgment so that we can correct our records for future listings.

YMCA Buffalo Niagara is a 501(c)(3) not-for-profit organization registered in the state of New York. All contributions are tax-deductible to the extent allowed by law and are acknowledged in writing. Official audited financial information can be found on [YMCABN.org/legal-information-public-disclosure](https://ymcabn.org/legal-information-public-disclosure).