

Who We Are

OUR MISSION

YMCA Buffalo Niagara is a charitable, community based organization committed to providing programs designed to build a healthy spirit, mind, and body for all.

OUR PURPOSE

To serve as a catalyst to transform lives and strengthen communities.

TO WELCOME AND SERVE ALL

YMCA Buffalo Niagara is an organization that welcomes people of all ages, from all backgrounds. The Y believes that our community is stronger when everyone has the opportunity to learn, grow, and thrive.

OUR COMMITMENT TO COMMUNITY



Preparing Youth for Success



Preventing Drownings



Increasing Social Connections



Improving Community Health

Quick Facts

We provided services to more than
1 IN EVERY 12 PEOPLE in Erie
and Niagara Counties.



100,000+
PEOPLE SERVED

through five wellness
facilities, two overnight
camps, and more than 75
program sites annually.



\$1,000,000+

Every year the Y allocates
more than \$1,000,000 to
WNY families, providing
equitable access for child
care, youth development,
and healthy living programs.

FOUNDED LOCALLY IN
1852

Our largest fundraiser, the
YMCA TURKEY TROT, is the
oldest consecutively
run footrace in
the world.



Our Impact

YOUTH DEVELOPMENT

Empowering young people to reach their full potential

The Y nurtures the potential of every child and teen by supporting their unique youth development journey through holistic programming. From cradle to career, the Y empowers young people to lead inspired, successful lives.

HEALTHY LIVING

Improving individual and community well-being

The Y aims to improve the nation's health and well-being by providing programs and activities that promote wellness, reduce risk for disease and help others reclaim their health. These programs and everything else the Y does are in service of making us – our Ys and our communities – better.

SOCIAL RESPONSIBILITY

Providing support and inspiring action in our communities

We know that when we work together, we move individuals, families and communities forward. The Y responds to society's most pressing needs by developing innovative, community-based solutions to help everyone reach their full potential.

For a better us.®