



For a Better Us[®]

YMCA BUFFALO NIAGARA 2024 IMPACT REPORT



A Message From Our Leadership

In 2024, YMCA Buffalo Niagara continued to stand as a powerful force for good – bringing people together, breaking down barriers, and creating opportunities across Western New York. We are proud to share that we directly served 1 in 12 residents in Erie and Niagara Counties this year, a testament to the YMCA's continued relevance and impact.

Through strong community partnerships and a deep understanding of local needs, we expanded services in meaningful ways – launching senior wellness assessments and bringing family mental health services into one of our facilities. These efforts reflect our ongoing commitment to meeting people where they are and offering holistic support for individuals and families of all ages.

This year also marked exciting momentum for future growth as we began the architectural design process for YMCA Camp Swan in North Buffalo. Once complete, this new camp will be a transformative space for youth development, outdoor exploration, and community connection for generations to come.

Rooted in our commitment to community, we are developing a bold, new strategic plan focused on delivering real solutions to unmet needs across Western New York. Our plan centers on four priorities: preparing youth for success, preventing drownings, increasing social connections, and improving community health. Each of these areas represents an urgent need and an opportunity for the YMCA to lead with purpose.

Our Commitment to Community



Preparing Youth for Success



Preventing Drownings



Increasing Social Connections



Improving Community Health

The strength of our Y lies in the people who bring our mission to life. We are deeply grateful to our staff, volunteers, members, donors, and partners who make this work possible. With your continued support, YMCA Buffalo Niagara is well-positioned to build a healthier, more equitable, and more connected community. Together, we are shaping a brighter future for Western New York.



Mark Lempko
Chair, Board of Directors



Dr. John T. Ehrbar
President & CEO



Tim Smith
Chair, Board of Trustees

Our Impact in 2024



We provided services to more than **1 in every 12 PEOPLE** in Erie and Niagara Counties.



We allocated **\$1,153,829** to provide equitable access to WNY families for child care, youth development, and healthy living programs.



We served **38,640 HEALTHY MEALS** to local children.



We served **5,446 CHILDREN** in our child care, UPK, and summer camp programs in 2024.



2,700 CHILDREN learned critical swim and water safety lessons.

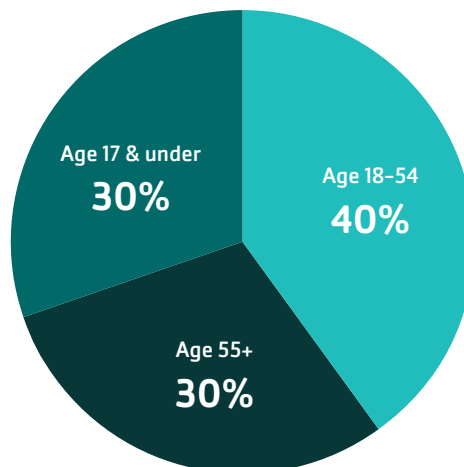


More than **25,004 ACTIVE OLDER ADULTS** improved their physical, mental, and social wellbeing with the Y's support.



1,463 HOUSEHOLDS with income below \$35k benefited from Y membership through our **Access for All** initiative each month.

Who We Serve
by Age



An Uplifting Experience



The transformative power of the LIVESTRONG® at the YMCA program extends far beyond simple physical activity. Ron Oswald's journey vividly illustrates this. Diagnosed with prostate cancer a decade ago, Ron learned of the YMCA's LIVESTRONG program through a support group at Roswell Park.

LIVESTRONG® at the YMCA is a research-based physical activity and well-being program designed to help cancer survivors achieve their holistic health goals. By focusing on the whole person and not the disease, the program helps people move beyond cancer in spirit, mind, and body.

Apprehensive at first, Ron quickly discovered the benefit of the Y's program, and the connections he made helped him in his fight against cancer. "I joined the Y and I just kept exercising," Ron says. "Mentally, I realized I'm not fighting alone. There are a lot of people in my same situation. It was really an uplifting experience."

Ron completed the LIVESTRONG program and continues to exercise and spend time with friends at the Y. "This gets me up in the morning and gets me going," Ron says. He encourages anyone interested to participate in the program. He says "Definitely do it and keep active!"

Having defied the odds, Ron's experience is a powerful reminder that healing comes in many forms. It's not just about physical treatment, but also the connections we make and the strength we find within ourselves and in our community. Ron's daily gratitude serves as an inspiration to embrace each day with hope and thankfulness.



For more stories of YMCA Buffalo Niagara's community impact please visit YMCABN.org/testimonials or scan this QR code.

Leadership

YMCA BUFFALO NIAGARA

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Community Impact



YMCA Buffalo Niagara hosted a Community Stakeholders Legislative breakfast, announcing plans for a significant re-investment in the William-Emslie YMCA in East Buffalo.



2024 saw YMCA Buffalo Niagara host its premier fundraising gala with the theme of 'Strengthening Community' and emceed by WGRZ's MaryAlice Demler.

129th Annual YMCA Turkey Trot



The YMCA Turkey Trot continued as the longest consecutively run footrace in North America, welcoming a record 15,000 participants in 2024. We are grateful to the sponsors, volunteers, and participants, as well as those who contributed over a ton of food to help combat hunger in support of our partners at FeedMore WNY.

Platinum Sponsor
Legends

Gold Sponsors
Mike Basil Toyota
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American Breweries
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Big Ditch Brewing Company
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Coca-Cola Beverages Northeast
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Gift In Kind
World's Largest Disco

Media Sponsors
WBEN NewsRadio 930
WGRZ-TV Channel 2
WKSE-FM Kiss 98.5

2024 Stewart Partnership Award



The YMCA is proud to partner with Buffalo Rehab Group to help empower Western New Yorkers to improve their health and well-being. (pictured above: Jeff Woodrich, BRG CEO & Owner and John Ehrbar, YMCA President & CEO)

Community Partners

Thanks to the generosity of our donors and community partners, we are able to make life-changing YMCA programs accessible to those who may otherwise be unable to afford them. As a charitable, non-profit organization, we allocate funds to help all people reach their full potential.

The Vera B. Arrison Foundation

Buffalo Public Schools

E.J. & Karen Butler / The Butler Family Foundation

CDC Foundation

Children's Foundation of Erie County

City of Buffalo Block Grant

CMAK Foundation - Race for Chase

The Cullen Foundation of Western New York

Delta Air Lines

Dormitory Authority of the State of New York

Enterprise Holdings Foundation

Exhale, The Family Caregiver Initiative (The Boston Foundation)

Grigg-Lewis Foundation

Health Foundation of Western & Central New York

William R. Kenan, Jr. Charitable Trust

L.L. Bean

M&T Charitable Foundation

New York State

New York State Office of Children & Family Services

New York State YMCA Foundation

Niagara Cares (Andrew D. Peykoff, Sr.)

Peter & Elizabeth C. Tower Foundation

Pharmacy Benefit Dimensions Employees

Project Play of Western New York

The Ralph C. Wilson, Jr. Foundation Legacy Fund

United Way

Universal Pre-Kindergarten Program

Clarence Central Schools

Depew Union Free Schools

Hamburg Central Schools

Ken-Ton Central Schools

Lewiston-Porter Central Schools

Orchard Park Central Schools

YMCA Before and After School

Child Care Programs

Buffalo Public Schools

Clarence Central Schools

Depew Union Free Schools

Hamburg Central Schools

Ken-Ton Central Schools

Lancaster Central Schools

Lewiston-Porter Central Schools

Lockport City Central Schools

Maryvale Central Schools

North Tonawanda Central Schools

Orchard Park Central Schools

Starpoint Central Schools

Williamsville Central Schools

YMCA of the USA

Zemsky Family Foundation Trust

Triangle Society

The YMCA Triangle Society is a dedicated group of individuals and organizations who share a deep-rooted and selfless devotion to supporting others in times of need. Each has made a multi-year major gift commitment to the Y's Annual Campaign.

FOUNDERS \$25,000+

Buffalo Rehab Group
Physical Therapy PC
Precor

VISIONARIES \$10,000+

John T. Ehrbar
Kelton Enterprises

FELLOWS \$5,000+

Amerigroup
Anonymous
David and Kristen Bauer
Beauty Pools, Inc.
Berea COGIC
Cater Tots
John Craik
Michael & Jennifer Dolan
Dopkins & Company, LLP
The Evans Agency
Peter & Mary Jo Hunt/
Hunt Charitable Foundation
Steve & Mary Kiener
Lakeside Concrete Services, Inc.
Mark Lempko
Kyle McGregor / Linde
Modern Electrical Construction, Inc.
John & Mary Murray
Anne & Gavin Musynske

FELLOWS \$5,000+

Stephen Nicholson
Phillips Lytle LLP
Pure Podiatry of WNY, PLLC
Dale & Sally Pyne
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Southtown Storage Center
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Rose Garden Opportunities, Inc.
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Michael K. Walsh &
Deborah S. Walsh
Wendel, LLC
John C. Wright
Mary Zapalowski & Daniel
Grabowski

While we make every effort to ensure the accuracy of our donor recognition lists, we apologize for any errors or omissions. Please contact us at (716) 565-6000 if we have made an error in your acknowledgment so that we can correct our records for future listings.

2024 YMCA Buffalo Niagara

Statement of Activities

	2024	2023	% +/-
Annual Campaign	543,169	545,302	-.4%
Other Contributions	900,795	1,066,324	-15.5%
Special Events, Net	322,646	252,063	28.0%
Government Grants & Contracts	4,706,283	4,553,971	3.3%
Program Fees	8,177,656	7,527,780	8.6%
Membership Dues	11,472,093	10,056,002	14.1%
Other Income	203,775	290,563	-29.9%
Total Revenue	26,326,417	24,292,005	8.4%
Program Services	23,575,620	22,410,556	5.2%
Administration	2,840,974	2,705,604	5.0%
Fundraising	313,410	286,907	9.2%
Total Expenses	26,730,004	25,403,067	5.2%
Operating Surplus (Deficit)	(403,587)	(1,111,062)	
Non-Operating Activities	2,227,979	1,491,691	
Surplus (Deficit)	1,824,392	380,629	

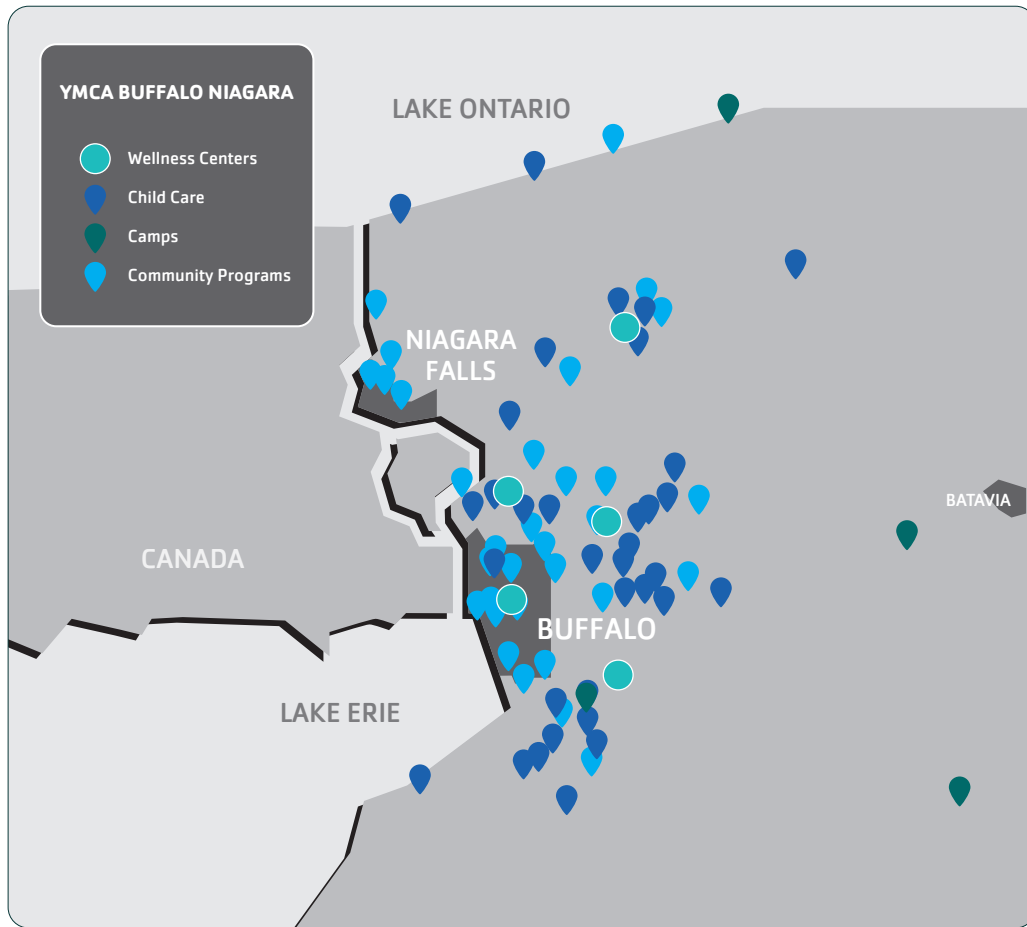
Statement of Financial Position

	2024	2023	% +/-
Total Assets	60,677,215	61,186,132	-.83%
Total Liabilities	18,753,846	21,087,155	-11.07%
Total Net Assets	41,923,369	40,098,977	4.55%

YMCA Buffalo Niagara is a 501(c)(3) not-for-profit organization registered in the state of New York.
All contributions are tax-deductible to the extent allowed by law and are acknowledged in writing.
Official audited financial information can be found on [YMCABN.org/legal-information-public-disclosure](https://ymcabn.org/legal-information-public-disclosure).



YMCA BUFFALO NIAGARA



Independent Health YMCA
150 Tech Dr, Amherst

Ken-Ton YMCA
535 Belmont Ave, Kenmore

Lockport YMCA
5833 Snyder Dr, Lockport

Southtowns YMCA
1620 Southwestern Blvd, West Seneca

William-Emslie YMCA
585 William St, Buffalo

Camp Eggert
3636 Eggert Rd, Orchard Park

Camp Kenan
8571 Lower Lake Rd, Barker

Camp Tahigwa
2432 Richley Rd, Corfu

Camp Weona
4025 Poplar Tree Rd, Gainesville

