



JR. CAVS BASKETBALL LEAGUE

Winter 2025 | January 20 - April 26



PUTTING THE FUN IN FUNDAMENTALS

Get your kids involved with the sport invented by the YMCA! Learn and practice basketball skills with your team made up of 8-10 players. Kids will focus on skill development, teamwork, and physical fitness in this fun sports league. Coaches emphasize teaching the core values of honesty, caring, responsibility, and respect. Leagues are offered at Independent Health, Lockport, and Southtowns YMCAs.

Teams participate in a weekly one-hour practice followed by a one-hour game on Saturdays.

League Information
Ages 6-8 & 9-11

Price: \$130 (Members) / \$210 (Non-Members)

Registration Dates: November 25 - January 14

Skills Assessment: Week of January 20
All players must attend the skills assessment.

Practice Begins: Week of February 3
One practice per week. Practice days & times to be determined approximately one week after skills assessments.

League Games: February 15 - April 26
No practice or games week of April 14

Creating fair teams is dependent on availability and flexibility. Please indicate practice day preference during registration.



All players receive:

- Jr. Cavs reversible jersey
- One Cavs game voucher per participant*
- Opportunity for family and friends to purchase discounted Cleveland Cavaliers game tickets
- Jr. Cavs certificate of participation
- Select discounts for Cavs Academy programs
- Access to instructional videos on cavsyouth.com

Scan to register or visit
YMCABN.org/youth-sports-leagues



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*Participants in both Fall 2024 & Winter 2025 sessions receive only one game voucher.