



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA Buffalo Niagara Mentor Program Mentee Application

The Y's Mentor Program is a structured initiative that connects experienced and knowledgeable individuals (mentors) with self-motivated employees committed to growth (mentees), to support their learning and development, in a particular field or area of interest.

MENTOR PROGRAM AREAS OF FOCUS

Leadership Development

Provide mentees with leadership skills training and opportunities to practice leadership skills and effective decision making in real-world situations, with guidance and support from their mentors.

Develop Skills and Knowledge

Pair mentees with mentors that have experience in the mentee's area of interest or field of interest and provide opportunities for mentees to develop and improve new skills.

Career Advancement

Guide mentees in identifying their career goals or accomplishments and develop a plan to achieve them. This includes guidance with networking, skill building, and seeking new opportunities.

Personal Growth

Assist mentees in identifying their personal goals and challenges, and work with their mentors to develop strategies for growth and improvement.

Diversity and Inclusion

Foster a culture of inclusivity by pairing mentors and mentees from diverse backgrounds and providing training and resources on how to navigate and appreciate diversity in the workplace.

Knowledge Transfer

Encourage mentors to share their expertise, experiences, and knowledge with mentees and provide opportunities for mentees to ask questions and learn from their mentor's experiences.

The Y's Mentor Program is a voluntary, one-year time commitment with a minimum of one to two hours of contact per month between the mentor and mentee. Submission of this application confirms that the mentee applicant acknowledges and agrees to the time commitment of this program.



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First and Last Name: _____

E-mail Address: _____ Phone: _____

Current Y role(s): _____

Current Supervisor(s): _____

Professional Goals and/or Desired Accomplishments:

Short-term (12-24 months): _____

Mid-term (3-5 years): _____

Long-term (5+years): _____

Please share any hobbies, YMCA events or committees that you participate in, and/or any outside organizations where you volunteer your time: _____

Please share which of the program's six Areas of Focus interest you the most, or an initial idea on skills that you wish to develop (can include multiple areas of focus): _____

Submission of this application provides permission for YMCA Buffalo Niagara's Mentor Program Coordinators to contact me at the above listed e-mail address and/or phone number for further consideration in this program. Additionally, signature on this application affirms that I have notified my supervisor that I am applying for consideration to participate in this opportunity. Please submit this application to Deb Schaper, VP of Human Resources & Leadership Development at dschaper@ymcabn.org or the original may be sent by inner-office mail.

Mentee Applicant Signature

Date