



# OCTOBER 28<sup>TH</sup> – DECEMBER 21<sup>ST</sup>, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lap/Open Swim</b> Lanes 1-4 8:00-8:45AM 9:00-9:45AM	<b>Lap/Open Swim</b> Lanes 1-4 8:00-8:45AM	<b>Lap/Open Swim</b> Lanes 1-4 8:00-8:45AM 9:00-9:45AM	<b>Lap/Open Swim</b> Lanes 1-4 8:00-8:45AM 9:00-9:45AM	<b>Lap/Open Swim</b> Lanes 1-4 8:00-8:45AM 9:00-9:45AM
<b>Water Ball</b> Independent Exercise 10:00-10:45AM	<b>Aqua Fit</b> Lanes 1-3 Choon  <b>Lap Swim</b> Lane 4 9:00-9:45AM	<b>Water Ball</b> Independent Exercise 10:00-10:45AM	<b>Aqua Fit</b> Lanes 1-3 Choon  <b>Lap Swim</b> Lane 4 9:00-9:45AM	<b>Water Ball</b> Independent Exercise 10:00-10:45AM
<b>Water Walking</b> Lanes 1-3 Independent Exercise  <b>Lap Swim</b> Lane 4 11:00-11:45AM 12:00-12:45PM	<b>Water Walking</b> Lanes 1-3 Independent Exercise  <b>Lap Swim</b> Lane 4 10:00-10:45AM 11:00-11:45AM 12:00-12:45PM	<b>Water Walking</b> Lanes 1-3 Independent Exercise  <b>Lap Swim</b> Lane 4 11:00-11:45AM 12:00-12:45PM	<b>Water Walking</b> Lanes 1-3 Independent Exercise  <b>Lap Swim</b> Lane 4 10:00-10:45AM 11:00-11:45AM 12:00-12:45PM	<b>Water Walking</b> Lanes 1-3 Independent Exercise  <b>Lap Swim</b> Lane 4 11:00-11:45AM 12:00-12:45PM
<b>Family Swim</b> Lanes 1-3  <b>Open Swim</b> Lane 4 4:00-4:45PM		<b>Family Swim</b> Lanes 1-3  <b>Open Swim</b> Lane 4 1:00-1:45PM 2:00-2:45PM 3:00-3:45PM 4:00-4:45PM		<b>Family Swim</b> Lanes 1-3  <b>Open Swim</b> Lane 4 4:00-4:45PM 5:00-5:45PM
<b>Aqua Fit</b> Rebecca 5:00-5:45PM		<b>Aqua Fit</b> Rebecca 5:00-5:45PM		

Schedule is subject to change.