

*Pool may be closed weekday mornings and afternoons from the 40-minute mark until the top of each hour.

LOCKPORT FAMILY YMCA
FAMILY POOL
 April 7th – April 30th, 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN SWIM 7:00 AM - 9:00 AM	OPEN SWIM (top of hour to 40-min. mark) 6:30 AM - 8:40 AM	OPEN SWIM (top of hour to 40-min. mark) 6:30 AM - 8:40 AM	OPEN SWIM (top of hour to 40-min. mark) 6:30 AM - 7:00 AM	OPEN SWIM (top of hour to 40-min. mark) 6:30 AM - 7:40 AM	OPEN SWIM (top of hour to 40-min. mark) 6:30 AM - 8:40 AM	OPEN SWIM 7:00 - 9:00 AM
AQUA FIT (2/3 of pool) 9:00 - 9:45 AM Jennifer Swim Lessons (1/3 of pool) 9:45-12 PM Open Swim (1/3 of pool)	SILVERSNEAKERS SPLASH® 9:00 - 9:45 AM Tammy	AQUA FIT 9:00 - 9:45 AM Amanda	AQUA FIT 7:00 - 7:45 AM Will T		AQUA FIT 9:00 - 9:45 AM Danielle	
OPEN SWIM 10:00-5:45 PM (1/2 of pool) Splash Pad Closed for Birthday Parties 11:00 - 12 PM And 1:30 - 3:30 PM	AQUA FIT 10:00 - 10:45 AM Danielle	OPEN SWIM 10:00 - 10:40 AM Water Movement for Arthritis 11:00 - 11:45 AM Tammy	AQUA FIT 8:00-8:45 AM Amanda SILVERSNEAKERS SPLASH® 9:00 - 9:45 AM Tammy	AQUA FIT 9:00 - 9:45 AM Amanda	AQUA FIT 10:00 - 10:45 AM Danielle	SWIM LESSONS (2/3 of pool) OPEN SWIM (1/3 of pool) 9:00 - 1:30 PM
	OPEN SWIM (top of hour to 40-min. mark) 11:00 - 4:15 PM	OPEN SWIM (top of hour to 40-min. mark) 12:00 - 4:15 PM			OPEN SWIM (top of hour to 40-min. mark) 10:00 - 4:15 PM	
	SWIM LESSONS (2/3 of pool) OPEN SWIM (1/3 of pool, splash pad open) 4:15 - 6:45 PM		OPEN SWIM (continuous) 4:15 - 7:00 PM	SWIM LESSONS (2/3 of pool) OPEN SWIM (1/3 of pool) 4:15 - 7:45 PM	AQUA FIT (1/3 of pool) 7:00-7:45P Will T	OPEN SWIM (continuous) 11:00 - 4:15 PM
	AQUA FIT (2/3 of pool) 7:00-7:45 PM Jennifer SWIM LESSONS (1/3 of pool) 7:00 - 7:45 PM	AQUA FIT (2/3 of pool) Will T Open Swim (1/3 of pool) 7:00 - 7:45 PM	OPEN SWIM 7:45 PM - 8:30 PM			
*The Aquatics Center will close at 5pm on Sunday, April 28th for Staff Training.	OPEN SWIM 7:45 - 8:30 PM	OPEN SWIM 7:45 - 8:30 PM	OPEN SWIM 7:45 - 8:30 PM			OPEN SWIM 1:30 - 7:45PM

