



JR. CAVS BASKETBALL LEAGUE

Winter 2024 | January 22 – April 27

PUTTING THE FUN IN FUNDAMENTALS

Join the sport invented by the YMCA! Learn and practice basketball skills with your team made up of 6–12 players. Fun, teamwork, skill development, and physical fitness are the goals of this program. Coaches focus on teaching the core values of honesty, caring, responsibility, and respect. Leagues are held at Independent Health, Ken-Ton, Lockport, Southtowns, and William-Emslie YMCAs.

Teams participate in a weekly one-hour practice followed by a one-hour game on Saturdays.

League Information
Grades: 1-3 & 4-6

Price: \$120 / \$200

Registration Deadline: January 8
Member registration opens November 13, non-member registration opens November 17.

Skills Assessment: January 22-23
All new players must attend the skills assessment.

Practice Begins: Week of January 29
One practice per week. Practice days & times to be determined after skills assessments.

League Games: February 10 – April 27
No practice or games weeks of February 19 & March 25.

Creating fair teams is dependent on availability and flexibility. Please indicate practice day preference during registration. Participants are informed of their practice day and time prior to the first week of league play.

ASK ABOUT
EQUITABLE
OPPORTUNITIES
THROUGH
ACCESS FOR ALL



All players receive:

- Jr. Cavs reversible jersey
- One Cavs game voucher per participant*
- Opportunity for family and friends to purchase discounted Cleveland Cavaliers game tickets
- Jr. Cavs certificate of participation
- Select discounts for Cavs Academy programs
- Access to instructional videos on cavsyouth.com



Scan to register or visit
YMCABN.org/youth-sports-leagues



*Participants in both Fall 2023 & Winter 2024 sessions receive only one game voucher.