



Southtowns Family YMCA Zero-Depth Pool Schedule

October 29th – December 16th, 2023

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------------|-------------------------------|------------------------------------|------------------------------|-------------------------------|------------------------------|-------------------------------|
| Swim Lessons 9:00am-12:45pm | Family Swim 9:00am-3:00pm | Family Swim 9:00am-11:15am | Family Swim 9:00am-8:00pm | Family Swim 9:00am-4:00pm | Family Swim 9:00am-5:00pm | Swim Lessons 9:00am-1:30pm |
| Family Swim 12:45pm-3:00pm | | Homeschool Swim 11:15am-12:45pm | | | | Family Swim 1:30pm-3:00pm |
| | Family Swim 12:45pm-5:00pm | Family Swim 3:00pm-4:00pm | | | | |
| | Swim Lessons 5:00pm-7:30pm | Swim Lessons 5:00pm-8:00pm | | Swim Lessons 4:00pm-8:00pm | | Swim Lessons 5:00pm-8:00pm |

Schedule are subject to change. For more information, please call the Southtowns Branch YMCA at (716) 674-9622.