



Southtowns Family YMCA Zero-Depth Pool Schedule

September 16th – September 30th, 2023

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Swim Lessons 9:00am-12:00pm	Family Swim 9:00am-3:00pm	Family Swim 9:00am-5:00pm	Family Swim 9:00am-8:00pm	Family Swim 9:00am-4:00pm	Family Swim 9:00am-5:00pm	Swim Lessons 9:00am-1:30pm
Family Swim 12:00pm-3:00pm		Swim Lessons 5:00pm-8:00pm		Swim Lessons 4:00pm-8:00pm		Swim Lessons 5:00pm-8:00pm
						Birthday Party 3:00pm-4:00pm
						Family Swim 4:00pm-5:00pm

*There are no swim lessons on 9/16 and Family Swim will be from 9:00am-3:00pm & 4:00pm-5:00pm.

Schedule are subject to change. For more information, please call the Southtowns Branch YMCA at (716) 674-9622.