



Southtowns Family YMCA Zero-Depth Pool Schedule

April 30th – May 27th, 2023

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Swim Lessons 9:00am-12:00pm	Family Swim 9:00am-8:00pm	Family Swim 9:00am-10:15am	Family Swim 9:00am-2:00pm	Family Swim 9:00am-2:00pm	Family Swim 9:00am-2:00pm	Swim Lessons 9:00am-2:00pm	
		Swim Lessons 10:15am-12:15pm		Family Swim 3:00pm-4:00pm	Family Swim 3:00pm-4:00pm		
Family Swim 12:15pm-2:00pm		Swim Lessons 4:00pm-5:30pm		Swim Lessons 4:00pm-5:30pm			
Family Swim 12:00pm-3:00pm		Family Swim 4:00pm-8:00pm	Family Swim 5:30pm-7:00pm	Swim Lessons 4:00pm-5:00pm			
			Swim Lessons 4:00pm-5:30pm	Family Swim 4:00pm-8:00pm	Family Swim 5:30pm-7:00pm	Swim Lessons 4:00pm-5:00pm	Family Swim 2:00pm-3:00pm
			Family Swim 5:30pm-8:00pm	Family Swim 4:00pm-8:00pm	Swim Lessons 7:00pm-8:00pm	Family Swim 5:00pm-8:00pm	

Lifeguard training may utilize the deep-section of the zero-depth pool on 4/30 and 5/21.

Schedule are subject to change. For more information, please call the Southtowns Branch YMCA at (716) 674-9622.