

LOCKPORT FAMILY YMCA  
**FAMILY POOL**  
 March 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OPEN SWIM</b> 7:00-8:45 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-8:40 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-8:40 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-7:40 AM	<b>AQUA FIT</b> 7:00-7:45 AM Will	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-8:40 AM	
<b>AQUA FIT</b> 9:00-9:45 AM Jennifer	<b>SILVERSNREAKERS SPLASH®</b> 9:00-9:45 AM Tammy	<b>SILVERSNREAKERS SPLASH®</b> 8:00 – 8:45 AM Amanda	<b>AQUA FIT</b> 8:00 – 8:45 AM Amanda		<b>AQUA FIT</b> 9:00-9:45 AM Danielle	<b>OPEN SWIM</b> (continuous) 7:00-9:00 AM
		<b>AQUA FIT</b> 9:00 – 9:45 AM Amanda	<b>SILVERSNREAKERS SPLASH®</b> 9:00 - 9:45 AM Tammy	<b>SILVERSNREAKERS SPLASH®</b> 8:00-8:45 AM Amanda		
<b>OPEN SWIM</b> (continuous) 10:00-4:45 PM  Splash Pad Closed 11:00 AM – 12 PM And 1:30 PM – 2:30 PM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 10:00 AM – 4:00 PM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 10:00-11:40 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 10:00 AM – 4:00 PM	<b>AQUA FIT</b> 9:00-9:45 AM Amanda	<b>AQUA FIT</b> 10:00-10:45 AM Danielle	<b>POOL CLOSED</b> <b>SWIM LESSONS</b> 9:00 AM-1:30 PM
				<b>AQUA FIT</b> 10:00-10:45 AM Danielle		
				<b>OPEN SWIM</b> (top of hour to 40-minute mark) 11:00-11:40 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 11:00-4:00 PM	
		<b>POOL CLOSED</b> 11:40 AM-4:00 PM		<b>POOL CLOSED</b> 11:40 AM-4:00 PM		<b>OPEN SWIM</b> (continuous) 1:30-4:45 PM
	<b>OPEN SWIM</b> (continuous) 4:00-6:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-6:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-4:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-6:45 PM		
			<b>POOL CLOSED</b> <b>SWIM LESSONS</b> 5:00-7:45 PM		<b>OPEN SWIM</b> (continuous) 4:00-9:45 PM	
	<b>AQUA FIT</b> 7:00-7:45 PM Jennifer	<b>AQUA FIT</b> 7:00-7:45 PM Will		<b>AQUA FIT</b> 7:00-7:45 PM Will		
	<b>OPEN SWIM</b> (continuous) 8:00-9:45 PM	<b>OPEN SWIM</b> (continuous) 8:00-9:45 PM	<b>OPEN SWIM</b> 7:45-9:45 PM	<b>OPEN SWIM</b> (continuous) 8:00-9:45 PM		

**Pool closed from 40-minute mark until top of each hour**, with water fitness classes lasting until the 45-minute mark. Pool open continuously on weekday evenings and weekends. Pools and pool deck area close at 9:45 PM M-F, 4:45 PM Sat-Sun . Schedule subject to change.