



SOUTHTOWNS FAMILY YMCA

MAIN GYM 1 & 2 – PICKLEBALL | OPEN GYM | YOUTH SPORTS
JANUARY 2ND – JANUARY 31ST 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Open Gym Main Gym 1 7:00am – 12:15pm 1:30pm – 5:00pm</p> <p>Family Open Gym Main Gym 2 7:00am – 5:00pm</p>	<p>Open Gym Main Gym 1 6:15 -7:30am 12:30pm – 1:30pm 2:30pm – 10:00pm</p> <p>Open Gym Main Gym 2 6:30am – 10:30am 11:30am – 2:00pm</p> <p>Family Open Gym Main Gym 2 4:00pm – 10:00pm</p>	<p>Open Gym Main Gym 1 5:00am – 7:30am 2:00pm – 10:00pm</p> <p>Open Gym Main Gym 2 5:00am – 11:30am 2:00pm – 5:15pm</p> <p>Homeschool Gym Main Gym 2 11:45am – 2:00pm</p>	<p>Open Gym Main Gym 1 6:15 -7:30am 12:30pm – 1:30pm 2:30pm – 10:00pm</p> <p>Open Gym Main Gym 2 6:30 – 10:30am 11:30am – 5:00pm 8:00pm – 10:00pm</p>	<p>Open Gym Main Gym 1 5:00am – 7:30am 10:30am – 12:45pm 2:00pm – 10:00pm</p> <p>Open Gym Main Gym 2 5:00am – 5:30pm 8:30pm – 10:00pm</p>	<p>Open Gym Main Gym 1 6:15-7:30am 12:30pm – 1:30pm 2:30pm – 10:00pm</p> <p>Open Gym Main Gym2 6:30 – 10:30am 11:30am – 2:00pm</p> <p>Family Open Gym Main Gym 2 4:00pm – 10:00pm</p>	<p>Family Open Gym Main Gym 1 7:00am – 11:00am</p> <p>Open Gym Main Gym 1 11:00am – 5:00pm</p> <p>Open Gym Main Gym 2 1:30pm – 5:00pm</p>
	<p>Pickleball 2:00-4:00pm</p>		<p>Special Olympics Young Athletes Main Gym 2 4:15pm – 5:00pm</p>		<p>Pickleball 2:00-4:00pm</p>	<p>Pickleball Main Gym 2 7:00am – 10:00am</p>
			<p>Pee Wee Champs Main Gym 2 5:15pm – 5:45pm</p>			<p>Jr. Cavs Basketball League Games 10:30am – 2:00pm</p>
		<p>Jr. Cavs Basketball Practice Main Gym 2 5:30pm – 7:30pm</p>	<p>Pee Wee Champs Main Gym 2 5:55pm – 6:25pm</p>			
			<p>6-8yrs Soccer Main Gym 2 6:00pm – 6:45pm</p>	<p>Jr. Cavs Basketball Practice Main Gym 2 5:30pm – 7:30pm</p>		
			<p>9-12yrs Soccer Main Gym 2 7:00pm – 7:45pm</p>			



SOUTHTOWNS FAMILY YMCA
AUXILIARY GYM – PICKLEBALL | OPEN GYM | YOUTH SPORTS
JANUARY 2ND – JANUARY 31ST 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym 7:00am – 9:00am 1:00pm – 5:00pm	Open Gym 5:00am – 6:00am 10:30am – 11:30am (half gym) 11:30am – 2:00pm	Open Gym 6:15am – 9:00am 1:00pm – 4:00pm	Open Gym 5:00am – 6:00am 8:30am – 11:15am 8:00pm – 10:00pm	Open Gym 5:00am – 9:00am 1:00pm – 4:00pm	Open Gym 5:00am – 6:00am 10:30am – 11:30am (half gym) 11:30am – 2:00pm 7:30pm – 10:00pm	Open Gym 7:00am – 8:00am 2:30pm – 5:00pm
Pickleball 9:00-1:00pm	Advanced Pickleball 6:00 – 9:00am		Pickleball 6:00 – 9:00am		Advanced Pickleball 6:00 – 9:00am	
			enCourage 11:00am – 2:00pm 1/4 only			
	Pickleball 2:00-4:00pm		Pickleball 2:00-4:00pm		Pickleball 2:00-4:00pm	Jr. Cavs Basketball League Games 10:30am – 2:30pm
			Youth Lacrosse 5:30pm – 6:30pm			
		Jr. Cavs Basketball Practice 6:30pm – 7:30pm		Jr. Cavs Basketball Practice 6:45pm – 7:45pm	Teen Pick-Up Basketball 6:00pm – 10:00pm	
		Pick Up Basketball 8:00pm – 10:00pm		Pick Up Basketball 8:00pm – 10:00pm		