



JR. CAVS BASKETBALL LEAGUE

SOUTHTOWNS FAMILY YMCA
January 9 - April 8, 2023

PUTTING THE FUN IN FUNDAMENTALS

Join the sport invented by the YMCA! Learn and practice basketball skills with your team made up of 6-12 players. Fun, teamwork, skill development, and physical fitness are the goals of this program. Coaches focus on teaching the core values of honesty, caring, responsibility, and respect. All games are held at the Southtowns Family YMCA.

Teams participate in a weekly one-hour practice followed by a one-hour game on Saturdays.

League Information

Grades: 1 - 6

Price: \$120 (members) / \$200 (non-members)

Registration Deadline: December 30

Skills Assessment: January 9-10

All new players must attend the skills assessment.

Practice Week: Week of January 15

One practice per week to be held between 5:30 - 8:30 pm. Practice days will be determined after skills assessments.

League Games: January 28 - April 8

Creating fair teams is dependent on availability and flexibility. Please indicate practice day preference during registration. Participants are informed of their practice day and time prior to the first week of league play.

For more information, please contact Allison Lawson at alawson@ymcabn.org



All players receive:

- Jr. Cavs reversable jersey
- One Cavs ticket/voucher per participant
- Opportunity for family and friends to purchase discounted Cleveland Cavaliers game tickets
- Jr. Cavs certificate of participation
- Select discounts for Cavs Academy programs
- Access to instructional videos on cavsyouth.com



Register at YMCABN.org/youth-sports-leagues