



Southtowns Family YMCA
Zero-Depth Pool Schedule
 October 30th – December 17th, 2022

FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Family Swim 9:00am-2:00pm	Family Swim 4:00pm-8:00pm	Homeschool Lessons 11:00-12:00pm	Family Swim 4:00pm-8:00pm	Swim Lessons 4:00pm-5:30pm	Swim Lessons 4:00pm-5:00pm	Swim Lessons 9:00am-1:30pm	
		Family Swim 12:00pm-1:00pm		Family Swim 5:30pm-6:30pm	Family Swim 5:30pm-6:30pm		Family Swim 5:00pm-8:00pm
		Swim Lessons 4:00pm-5:30pm		Swim Lessons 6:30pm-7:00pm	Swim Lessons 6:30pm-7:00pm		
		Family Swim 5:30pm-6:30pm		Swim Lessons 6:30pm-7:00pm	Family Swim 7:00pm-8:00pm	Family Swim 1:30pm-3:00pm	
		Swim Lessons 6:30pm-7:00pm		Family Swim 7:00pm-8:00pm	Family Swim 7:00pm-8:00pm		
		Family Swim 7:00pm-8:00pm		Family Swim 7:00pm-8:00pm			

Schedule are subject to change. For more information, please call the Southtowns Branch YMCA at (716) 674-9622.