

LOCKPORT FAMILY YMCA  
**FAMILY POOL**  
 September 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OPEN SWIM</b> 7:00-8:45 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-8:40 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-8:40 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-7:40 AM	<b>AQUA FIT</b> 7:00-7:45 am Will	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 7:00-8:40 AM	
<b>AQUA FIT</b> 9:00-9:45 AM Jennifer	<b>SILVERSNEAKERS SPLASH®</b> 9:00-9:45 AM Tammy	<b>AQUA FIT</b> 9:00 - 9:45 AM Amanda	<b>AQUA FIT</b> 8:00 - 8:45 AM Amanda  <b>SILVERSNEAKERS SPLASH®</b> 9:00 - 9:45 AM Tammy	<b>OPEN SWIM</b> 8:00-8:45 AM	<b>AQUA FIT</b> 9:00-9:45 AM Danielle	<b>OPEN SWIM</b> (continuous) 7:00-9:30 AM
<b>OPEN SWIM</b> (continuous) 10:00-10:45 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 10:00 AM - 4:00 PM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 10:00-11:40 AM	<b>OPEN SWIM</b> (top of hour to 40-minute mark) 10:00 AM - 4:00 PM	<b>AQUA FIT</b> 9:00-9:45 AM Amanda	<b>AQUA FIT</b> 10:00-10:45 AM Danielle	<b>POOL CLOSED</b> <b>SWIM LESSONS</b> 9:00 AM-1:30 PM
<b>POOL CLOSED</b> 10:45 AM-12:00 PM		<b>POOL CLOSED</b> 11:40 AM-4:00 PM		<b>OPEN SWIM</b> (top of hour to 40-minute mark) 11:00-11:45 AM		
<b>OPEN SWIM</b> (continuous) 12:00-4:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-6:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-6:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-4:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-6:45 PM	<b>OPEN SWIM</b> (continuous) 4:00-9:45 PM	<b>OPEN SWIM</b> (continuous) 1:00-4:45 PM
			<b>POOL CLOSED</b> <b>SWIM LESSONS</b> 5:00-7:30 PM			
	<b>AQUA FIT</b> 7:00-7:45 PM Jennifer	<b>AQUA FIT</b> 7:00-7:45 PM Will	<b>OPEN SWIM</b> 7:00-9:45 PM	<b>AQUA FIT</b> 7:00-7:45 PM Will		
	<b>OPEN SWIM</b> (continuous) 8:00-9:45 PM	<b>OPEN SWIM</b> (continuous) 8:00-9:45 PM		<b>OPEN SWIM</b> (continuous) 8:00-9:45 PM		

**Pool closed from 40-minute mark until top of each hour**, with water fitness classes lasting until the 45-minute mark. Pool open continuously on weekday evenings and weekends. Pools and pool deck area close at 9:45 PM M-F, 4:45 PM Sat-Sun . Schedule subject to change.