



SOUTHTOWNS FAMILY YMCA

MAIN GYM 1 & 2 – PICKLEBALL | OPEN GYM | YOUTH SPORTS
AUGUST 1ST – AUGUST 21ST 2022



***Please expect changes due to Summer Camp for inclement weather**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym Main Gym 1 7:00am – 12:15pm 1:30pm – 5:00pm Family Open Gym Main Gym 2 7:00am – 5:00pm	Open Gym Main Gym 1 6:15 -7:30am 12:30pm – 1:30pm 2:30pm – 10:00pm Open Gym Main Gym 2 6:30am – 10:30am 11:30am – 4:30pm Family Open Gym Main Gym 2 4:30pm – 10:00pm	Open Gym Main Gym 1 5:00am – 7:30am 10:30am – 1:30pm 2:30pm – 10:00pm Open Gym Main Gym 2 5:00am – 4:30pm Family Open Gym Main Gym 2 4:30pm – 10:00pm	Open Gym Main Gym 1 6:15 -7:30am 12:30pm – 1:30pm 2:30pm – 10:00pm Open Gym Main Gym 2 6:30 – 10:30am 11:30am – 5:00pm 8:00pm – 10:00pm	Open Gym Main Gym 1 5:00am – 7:30am 10:30am – 1:30pm 2:30pm – 10:00pm Open Gym Main Gym 2 5:00am – 4:30pm Family Open Gym Main Gym 2 4:30pm – 10:00pm	Open Gym Main Gym 1 6:15-7:30am 12:30pm – 1:30pm 2:30pm – 10:00pm Open Gym Main Gym2 6:30 – 10:30am 11:30am – 4:30pm Family Open Gym Main Gym 2 4:30pm – 10:00pm	Family Open Gym Main Gym 1 7:00am – 11:00am Open Gym Main Gym 1 & 2 11:00am – 5:00pm
						Pickleball Main Gym 2 8:00am – 11:00am
	Young Explorers Main Gym 1 1:30pm – 2:30pm	Young Explorers Main Gym 1 1:30pm – 2:30pm	Young Explorers Main Gym 1 1:30pm – 2:30pm -	Young Explorers Main Gym 1 1:30pm – 2:30pm	Young Explorers Main Gym 1 1:30pm – 2:30pm	
			Pee Wee Champs Main Gym 2 5:15pm – 5:45pm			
			6-8yrs Soccer Main Gym 2 6:00pm – 6:45pm			
			9-12yrs Basketball Main Gym 2 7:00pm – 7:45pm			



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AUXILIARY GYM – PICKLEBALL | OPEN GYM | YOUTH SPORTS

AUGUST 1ST – AUGUST 21ST 2022

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym 7:00am – 9:00am 1:00pm – 5:00pm	Open Gym 5:00am – 6:00am 10:30am – 11:30am (half gym) 11:30am – 2:00pm 4:00pm – 6:00pm	Open Gym 6:15am – 9:00am 1:00pm – 4:00pm	Open Gym 5:00am – 6:00am 10:30am – 2:00pm 8:00pm – 10:00pm	Open Gym 5:00am – 9:00am 1:00pm – 4:00pm	Open Gym 5:00am – 6:00am 10:30am – 11:30am (half gym) 11:30am – 2:00pm 4:30pm – 6:00pm	Open Gym 7:00am – 8:00am 11:00am – 5:00pm
Pickleball 9:00-1:00pm	Advanced Pickleball 6:00 – 8:30am		Pickleball 6:00 – 8:30am		Advanced Pickleball 6:00 – 8:30am	
	Pickleball 2:00-4:00pm		Pickleball 2:00-4:00pm		Pickleball 2:00-4:00pm	
		Pick Up Basketball 6:00 – 10:00pm *NO Basketball 8/23		Pick Up Basketball 6:00 – 10:00pm Aux Gym	Teen Pick Up Basketball 6:00-10:00pm	