

LOCKPORT FAMILY YMCA  
**FAMILY POOL**  
 June 31 – September 3, 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>OPEN SWIM</b> 7:00-8:45 AM	<b>OPEN SWIM</b> 7:00-8:45 AM	<b>OPEN SWIM</b> 6:00-8:45 AM	<b>OPEN SWIM</b> 7:00-7:45 AM	<b>OPEN SWIM</b> 6:00-6:45 AM	<b>OPEN SWIM</b> 7:00-8:45 AM		
<b>AQUA FIT</b> 9:00-9:45 AM Jennifer	<b>SILVERSNEAKERS SPLASH®</b> 9:00-9:45 AM Tammy	<b>AQUA FIT</b> 9:00 – 9:45 AM Amanda	<b>AQUA FIT</b> 8:00 – 8:45 AM Amanda	<b>AQUA FIT</b> 7:00-7:45 am Will	<b>AQUA FIT</b> 9:00-9:45 AM Danielle	<b>OPEN SWIM</b> 7:00-9:30 AM	
			<b>SILVERSNEAKERS SPLASH®</b> 9:00 - 9:45 AM Tammy	<b>OPEN SWIM</b> 8:00-8:45 AM			
<b>OPEN SWIM</b> 10:00 AM-4:45 PM	<b>OPEN SWIM</b> 10:00-10:45 AM	<b>OPEN SWIM</b> 10:00-10:45 AM	<b>OPEN SWIM</b> 10:00-10:45 AM	<b>AQUA FIT</b> 9:00-9:45 AM Amanda	<b>AQUA FIT</b> 9:55-10:40 AM Danielle	<b>½ POOL CLOSED SWIM LESSONS</b>  <b>½ Pool OPEN SWIM</b> 9:30 AM-1:00 PM	
				<b>OPEN SWIM</b> 10:00-10:45 AM	<b>POOL CLOSED</b> 10:45 AM-3:00 PM		
	<b>POOL CLOSED</b> 10:45 AM-3:00 PM	<b>POOL CLOSED</b> 10:45 AM-3:00 PM	<b>POOL CLOSED</b> 10:45 AM-3:00 PM	<b>POOL CLOSED</b> 10:45 AM-3:00 PM	<b>POOL CLOSED</b> 10:45 AM-3:00 PM		
	<b>OPEN SWIM</b> 3:00-9:45 PM	<b>OPEN SWIM</b> 3:00-6:45 PM	<b>OPEN SWIM</b> 3:00-4:45 PM	<b>POOL CLOSED SWIM LESSONS</b> 5:00-7:30 PM	<b>OPEN SWIM</b> 3:00-9:45 PM	<b>OPEN SWIM</b> 3:00-9:45 PM	<b>OPEN SWIM</b> 1:00-4:45 PM
			<b>POOL CLOSED SWIM LESSONS</b> 5:00-7:30 PM				
		<b>AQUA FIT</b> 7:00-7:45 PM Will	<b>OPEN SWIM</b> 7:30-9:45 PM				
	<b>OPEN SWIM</b> 8:00-9:45 PM				<b>FIRST FRIDAY OF EVERY MONTH POOL CLOSED FOR PARENT'S NIGHT OUT</b> 5:00-8:00 PM		

Reservations are not required for OPEN SWIM. If the Family pool reaches capacity, members may need to wait for entry.  
 Lap Pool and pool deck area close at 9:45 PM M-F, 4:45 PM Sat. & Sun. Schedule subject to change.