

LAPLOCKPORT FAMILY YMCA  
**LAP POOL**  
 JUNE 1-23, 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>LAP SWIM</b> (6 lanes) 5:00-9:00 AM	<b>LAP SWIM</b> (6 lanes) 5:00-7:00 AM		
<b>LAP SWIM</b> (6 Lanes) 7:00 AM-8:45 AM	<b>LAP SWIM</b> (6 lanes) 5:00 AM-9:00 AM	<b>LAP SWIM</b> (6 lanes) 5:00-9:00 AM	<b>LAP SWIM</b> (5 lanes) 8:00-9:45 AM	<b>AQUA FIT</b> (1 Lane) 7:00-7:45 AM	<b>LAP SWIM</b> (6 lanes) 5:00-9:00 AM	<b>LAP SWIM</b> (6 lanes) 7:00-10:00 AM
<b>LAP SWIM</b> (5 Lanes) 9:00 AM-9:45 AM	<b>LAP SWIM</b> (5 lanes) 9:00-9:45 AM	<b>LAP SWIM</b> (5 lanes) 9:00 AM-9:45 AM	<b>AQUA FIT</b> (1 Lane) 8:00-8:45 AM	<b>LAP SWIM</b> (6 lanes) 8:00-8:45 AM	<b>LAP SWIM</b> (5 lanes) 9:00-10:45 AM	<b>SWIM LESSONS</b> (2 lanes) 10:00-2:00 PM
<b>LAP SWIM</b> (6 Lanes) 10:00 AM-4:45 PM	<b>SILVER SNEAKERS SPLASH</b> (1 lane) 9:00-9:45 AM	<b>AQUA FIT</b> (1 lane) 9:00-9:45 AM	<b>SILVER SNEAKERS SPLASH</b> (1 Lane) 9:00-9:45 AM	<b>AQUA FIT</b> (1 Lane) 9:00-9:45 AM	<b>AQUA FIT</b> (1 Lane) 9:00-9:45 AM	<b>LAP SWIM</b> (4 lanes) 10:00-2:00 PM
	<b>LAP SWIM</b> (6 lanes) 9:45 AM-5:00 PM	<b>LAP SWIM</b> (6 lanes) 9:45 AM-7:00 PM	<b>LAP SWIM</b> (6 lanes) 10:45 AM-4:45 PM	<b>LAP SWIM</b> (5 Lane) 9:00-9:45 AM	<b>AQUA FIT</b> (1 Lane) 10:00-10:45 AM	<b>LAP SWIM</b> (6 lanes) 2:00-4:45 PM
			<b>LAP SWIM</b> (4 lanes) 4:45-8:00 PM	<b>LAP SWIM</b> (6 lanes) 9:45 AM-7:00 PM		
	<b>LAP SWIM</b> (5 lanes) 7:00-7:45 PM	<b>LAP SWIM</b> (5 lanes) 7:00-7:45 PM	<b>SWIM LESSON</b> (2 lane) 4:45-8:00 PM	<b>LAP SWIM</b> (5 lanes) 7:00-7:45 PM	<b>LAP SWIM</b> (6 lanes) 10:45 AM-9:45 PM	
	<b>LAP SWIM</b> (6 lanes) 7:45-9:45 PM	<b>LAP SWIM</b> (6 lanes) 8:00-9:45 PM	<b>LAP SWIM</b> (6 lanes) 8:00-9:45 PM	<b>LAP SWIM</b> (6 lanes) 8:00-9:45 pm		

