

LAPLOCKPORT FAMILY YMCA
LAP POOL
MAY 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			LAP SWIM (6 lanes) 5:00-9:00 AM	LAP SWIM (6 lanes) 5:00-7:00 AM		
LAP SWIM (6 Lanes) 7:00 AM-8:45 AM	LAP SWIM (6 lanes) 5:00 AM-9:00 AM	LAP SWIM (6 lanes) 5:00-9:00 AM	LAP SWIM (5 lanes) 9:00-10:45 AM	AQUA FIT (1 Lane) 7:00-7:45 AM	LAP SWIM (6 lanes) 5:00-9:00 AM	LAP SWIM (6 lanes) 7:00-10:00 AM
LAP SWIM (5 Lanes) 9:00 AM-9:45 AM	LAP SWIM (5 lanes) 9:00-9:45 AM	LAP SWIM (5 lanes) 9:00 AM-9:45 AM	SILVER SNEAKERS SPLASH (1 Lane) 9:00-9:45 AM	LAP SWIM (6 lanes) 8:00-8:45 AM	LAP SWIM (5 lanes) 9:00-10:45 AM	SWIM LESSONS (2 lanes) 10:00-2:00 PM
LAP SWIM (6 Lanes) 10:00 AM-4:45 PM	SILVER SNEAKERS SPLASH (1 lane) 9:00-9:45 AM	AQUA FIT (1 lane) 9:00-9:45 AM	AQUA FIT (1 Lane) 10:00-10:45 AM	AQUA FIT (1 Lane) 9:00-9:45 AM	AQUA FIT (1 Lane) 9:00-9:45 AM	LAP SWIM (4 lanes) 10:00-2:00 PM
	LAP SWIM (6 lanes) 9:45 AM-5:00 PM	LAP SWIM (6 lanes) 9:45 AM-7:00 PM	LAP SWIM (6 lanes) 10:45 AM-4:45 PM	LAP SWIM (5 Lane) 9:00-9:45 AM	AQUA FIT (1 Lane) 10:00-10:45 AM	LAP SWIM (6 lanes) 2:00-4:45 PM
			LAP SWIM (4 lanes) 4:45-8:00 PM	LAP SWIM (6 lanes) 9:45 AM-7:00 PM		
	LAP SWIM (5 lanes) 7:00-7:45 PM	LAP SWIM (5 lanes) 7:00-7:45 PM	SWIM LESSON (2 lane) 4:45-8:00 PM	LAP SWIM (5 lanes) 7:00-7:45 PM	LAP SWIM (6 lanes) 10:45 AM-9:45 PM	
	LAP SWIM (6 lanes) 7:45-9:45 PM	LAP SWIM (6 lanes) 8:00-9:45 PM	LAP SWIM (6 lanes) 8:00-9:45 PM	LAP SWIM (6 lanes) 8:00-9:45 pm		

