



# COBRAS SWIM TEAM

## KEN-TON FAMILY YMCA

The Cobras Swim Team is a competitive YMCA swim program. We are a part of the National YMCA Competitive Swimming program, offering instruction, training, and competition. Competitive swimming has been a part of the YMCA for over 50 years. The team operates in accordance with National YMCA Competitive Swimming and Diving policies and USA-Swimming Technical Rules. Accordingly, all team members must be full-privileged members of the YMCA.

Swim Team provides opportunities for personal development in individual stroke technique and skills, improved times, building self-esteem, and good sportsmanship. As part of this philosophy, each swimmer is expected to participate with the team in all swim meets; there are no benchwarmers in YMCA Swimming.

### 2021-2022 SEASON

**Swim Assessments** September 27-October 10, 2021  
Contact the Y to sign up for an assessment day and time.

**Season Dates** October 12-February 12, 2022  
(ends with League Championships)

### Practices

Practice times are based on swimmer level group, to be determined after assessments. Monday and Wednesday practices will be offered at Independent Health Family YMCA. Tuesday and Thursday practices will be offered at Ken-Ton Family YMCA. Swimmers are encouraged to participate in all practices for their assigned level.

### MONDAY-THURSDAY

6:00-6:45 pm - White (Beginner)  
6:45-8:00 pm - Green (Intermediate)  
6:00-8:00 pm - Emerald (Advanced)

Description	Dates	Fee
Trial Period	Oct 12-22	\$50/\$60
Catholic League / HS Late Season Start	Nov 1	\$340
Cobras Swim Season	Oct 12-Feb 12 Mar 2022 (Qualifying swimmers)	\$425 TBA



**Additional Questions?** Call Ehrin Hughes (716) 276-8300