



SHARKS SWIM TEAM

INDEPENDENT HEALTH FAMILY YMCA



Who can be a member of the Swim Team?

Per National YMCA swimming rules, swim team members must be a full member of the YMCA with either a youth or family membership. Each participant must meet specific swim requirements.

How much does it cost?

The Independent Health YMCA offers a two-week trial period, October 12-22, 2021. A non-refundable fee for the trial period is \$50 for members and \$60 for non-members. Payment for the remaining amount of the season fee will be drafted monthly (\$85/month) or can be paid upfront. Non-members must join the YMCA by October 22. Fees are non-refundable after October 22, 2021.

Description	Dates	Fee
Trial Period	Oct 12-22	\$50/\$60
Catholic League / HS Late Season Start	Nov 1	\$340
Sharks Swim Season	Oct 12-Feb 12	\$425
	Mar 2022 (Qualifying swimmers)	TBA

Are there additional costs?

The program fee includes the cost of all league dual meets, ribbons, awards, welcome picnic, and holiday party. There are additional costs for team suits, caps, goggles, Invitational meets, the District Championship meet, the State Championship meet, Y Nationals, etc. There is a banquet at the end of the swim team season with an approximate cost of \$20 per person.

How long is the season?

The season begins the week of October 12 with assessments and finishes with a three-day State Championship Meet in March 2022 (for qualifying swimmers). For all other swimmers, the season concludes with the League Championships in February, dates TBD. Time qualifications are required to participate in the State Championship Meet.

When & where is practice?

Practice begins Tuesday, October 12. Practices will be offered on Tues & Thurs at Ken-Ton Family YMCA, and Mon & Wed at Independent Health Family YMCA. A swimmer's practice level and time are determined by an evaluation on September 27- October 10. ALL participants must be evaluated prior to the start of the season. Contact the Y to register for an evaluation.

How many practices do I need to attend?

Swimmers are encouraged to attend as many practices as they can for their group. There are no penalties for missed practices. We encourage swimmers to stay in the water during the entire practice. If they must leave for any reason, such as a bathroom break, we ask that they limit their time and return to the deck as soon as possible.

When are meets and how many are there?

League meets are generally on Saturdays, Season Meet Calendar TBA. There are additional invitational meets available to participate in throughout the season for an additional fee, including the League and State Championship Meets, and Y Nationals.

Where are meets held?

League meets are held at local pools in the Buffalo and Rochester area. Invitational meets are held at pools throughout the state.

Does everyone swim in meets?

All swimmers are encouraged to participate in meets throughout the season and must swim in a minimum of four meets to participate in the championship league meet at the end of the season.

What can I do to help?

There are many opportunities to support the team, from officiating meets, timing, distributing awards, and coordinating activities. More information is available at Parent Meetings throughout the season.

Additional Questions? Call Ehrin Hughes (716) 276-8300